



State of Tennessee Wellness Discounts

State of Tennessee Employee Discount Program (State only)

This program offers state employees discounts on products and services from various vendors in order to express appreciation for the valued service state employees provide Tennessee citizens.

The link to this resource is <http://www.tn.gov/employees/discount.shtml>. You can find the discounts directly [here](#).

ParTNers for Health Employee Assistance Program (EAP)

ParTNers EAP offers the **LifeMart discount center**. You can find discounts on a multitude of items, including fitness centers, nutrition and other wellness resources.

Visit www.Here4TN.com, click on the **Enter Here button**, and then click on the **LifeMart button** or call 1.855.HERE4TN (1.855.437.3486).

ParTNers for Health Wellness Program Fitness Discount

This is open to all licensed centers (for-profit) and all non-profit centers in the state. Centers that choose to participate set their own discount levels, including a reduced monthly membership fee and/or a reduced initiation fee.

A list is on the [ParTNers for Health website](#), under the Wellness Program tab. Click on [fitness center discounts](#).

BluePerks Discount Program*

The **BluePerks Discount Program** is available to State Group Health Insurance Plan members whose insurance carrier is BlueCross BlueShield.

Members have access to more than 8,000 fitness locations across the U.S. at a discounted rate. BluePerks offers savings of up to 50% on a range of health-related products and services. These include gym memberships (FitnessBlue), LASIK eye surgery, massage therapy, hearing aids, regional attractions and more.

- Each State Group Insurance health plan member over the age of 18 is eligible for the **FitnessBlue** discount. Each member pays a \$29 enrollment fee and \$29 monthly membership fee.
- Sign up by logging into BlueAccess, click on Health & Wellness for the **BluePerks link**. Or call Member Services at 1-800-558-6213 for more details.

*Members must pay the whole cost of all services they get through the BluePerks program. The terms and conditions of the Member's health plan do not apply to these services.

CIGNA's Healthy Rewards®*

Cigna's **Healthy Rewards® Discount Program** is available to State Group Health Insurance Plan members whose insurance carrier is Cigna.

Healthy Rewards –includes discounts on nutrition services, fitness clubs and equipment, vision and hearing care, as well as discounts on alternative care like acupuncture, massage and chiropractic care.

- Gym memberships: Members can save 60% with this nationwide program.
- Sign-up for Health Rewards by logging in to www.mycigna.com or by calling 1-800-870-3470.

*Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. If your Cigna plan includes coverage for any of these services, this program is an addition to, not instead of your plan benefits. Healthy Rewards programs are separate from your plan benefits. A discount program is NOT insurance and you must pay the entire discounted charge. All goods, services and discounts offered through Healthy Rewards are provided by third-party providers and not by Cigna. Cigna assumes no responsibility for any circumstance arising out of the use, misuse or application of any of the goods, services, discounts or information made available through such third-party providers.